

The London borough of Sutton's Parenting service are pleased to announce that

Adapt to Learn are coming to Carshalton Family Hub and Children's Centre to facilitate a session for parents/carers on the subject of Pathological Demand Avoidance (PDA)



Venue: Carshalton family hub and Children's centre.

(Previously known as Tweeddale children's centre)

Date: Wednesday the 3rd of June 2025.

Time: 6pm till 8pm.

To register your interest and to secure you place please Contact Clare Kennedy on the Detail's below!

Telephone number: 07873 702 777

Email address: parenting@sutton.gov.uk

Have you ever thought?

'Why do some children become overwhelmed with anxiety and present as demand avoidant when everyday demands are made of them?'

Session aim:

This two hour workshop will explore the characteristics of PDA, how it links with autism and offer practical strategies to help.