

# Parent Webinars

## Primary Autumn Term Schedule

Scan the QR codes or follow the links to sign up to any of these free local NHS parent webinars

29th Sept 7.00pm-8.00pm



Scan the  
QR code  
or  
[click here](#)

29<sup>TH</sup> & 30<sup>TH</sup> SEPTEMBER

**Through the school gates,  
overcoming daily challenges  
getting into school**

For all parents & carers

30th Sept 12.00pm-1.00pm



Scan the  
QR code  
or  
[click here](#)

### Part 1

7th Oct 12.00pm-1.00pm



Scan the  
QR code  
or  
[click here](#)

7<sup>TH</sup> OCTOBER & 14<sup>TH</sup> OCTOBER

**Supporting Children with  
Common Anxieties or  
Worries - a BSL interpreter  
will be available**

For Nursery/Reception/  
KS1 parents & carers  
with a BSL interpreter

### Part 2

14th Oct 12.00pm-1.00pm



Scan the  
QR code  
or  
[click here](#)

21<sup>ST</sup> & 23<sup>RD</sup> OCTOBER

**Supporting big emotions  
at home and school -  
the zones of regulation**

For all parents & carers

21st Oct 7.30pm-8.30pm



Scan the  
QR code  
or  
[click here](#)

23rd Oct 12.30pm-1.30pm



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QR code  
or  
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We also provide free 1:1 early support for parents of primary aged children to support their child's common worries and anxieties, or support children's everyday challenging behaviours. Speak to your school to find out more.

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17th Nov 1.00pm-2.00pm



Scan the  
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[click here](#)

17TH & 19TH November

**Building resilience in  
primary school children**

For all parents & carers

19th Nov 8.00pm-9.00pm



Scan the  
QR code  
or  
[click here](#)

9th Dec 1.00pm-2.00pm



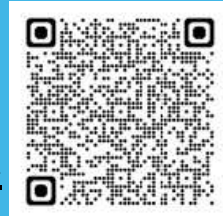
Scan the  
QR code  
or  
[click here](#)

9TH December

**Understanding and  
supporting your child's sleep**

For Nursery/Reception/  
KS1 parents & carers

9th Dec 7.00pm-8.00pm



Scan the  
QR code  
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[click here](#)

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