



South West London and
St George's Mental Health
NHS Trust

Education
Wellbeing
Service

Education Wellbeing Service Webinar

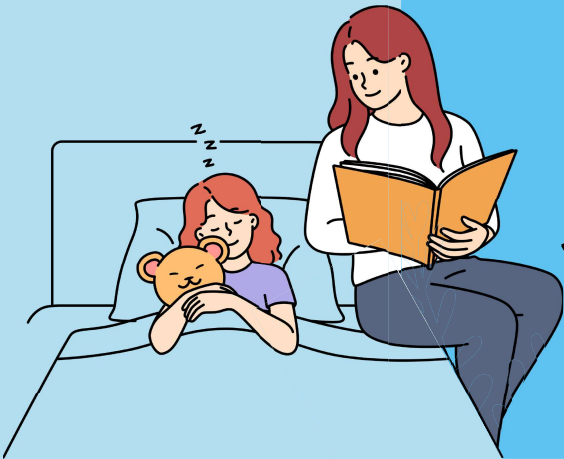
Goodbyes and Goodnights:

Building your child's confidence and independence

Does your child struggle to separate from
you at the school gate?

Are you struggling to get them to
sleep in their own bed?

Join us to explore thoughtful and practical
ways to build your child's confidence and
independence.



DATE / TIME

Monday 15th September
7.00-8.00pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

Sign up to either event
for free on Eventbrite
by scanning the QR Code.

You can also check out
our other events by
[clicking here](#)

wellbeinginschoolevents@swlstg.nhs.uk

DATE / TIME

Wednesday 17th September
1.00-2.00pm



Scan the
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