

Education
Wellbeing
Service



Education Wellbeing Service Webinar

Through The School Gates: Overcoming daily challenges getting into school

There can be many challenges with supporting your child to get into school well and in as relaxed a way as possible.

This webinar aims to:

Think about some of the different challenges that can be faced in the morning getting ready for school.

Understand child anxieties using cognitive-behavioural approach

Discuss ways to talk about worries

Provide a step-by-step approach to building confidence with attending school should there be early school avoidance to prevent it becoming problematic.

DATE / TIME

Monday 29th September
7.00-8.00pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

Sign up to either event for free on Eventbrite by scanning the QR Code.

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wellbeinginschoolevents@swlstg.nhs.uk

DATE / TIME

Tuesday 30th September
12.00-1.00pm



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