

The London borough of Sutton's Parenting service are pleased to announce that

Adapt to Learn are coming to The Phoenix Centre at Wallington to facilitate a session for parents/carers on the subject of Pathological Demand Avoidance (PDA)



Venue: The Phoenix Centre, Mollison Drive, Wallington, SM6 9NZ

Date: Wednesday the 8th of October 2025.

Time: 12.30 till 2.30pm.

To register your interest and to secure you place please Contact Clare Kennedy on the Detail's below!

Telephone number: 07873 702 777

Email address: parenting@sutton.gov.uk

Have you ever thought?

'Why do some children become overwhelmed with anxiety and present as demand avoidant when everyday demands are made of them?'

Session aim:

This two hour workshop will explore the characteristics of PDA, how it links with Autism and offer practical strategies to help.