



Sutton Neurodevelopmental Needs One Stop Shop

Support and advice for families with neurodevelopmental (ND) related needs like social skills, concentration levels or coping with change.

A new drop-in service for Sutton families of children and young people aged between 5-18, with challenges which may be related to a neurodevelopmental presentation (Autism or ADHD) has been running successfully since October 2025. Come along to one of our sessions this spring, if your child or young person is experiencing emotional difficulties, behavioural challenges, problems with sleep, friendship issues, sensory difficulties, attention and concentration difficulties, hyperactivity and impulsivity, or another challenge you would like support for. Our health and care professionals can provide information, advice and signposting, and help you access services.

- Fortnightly sessions
- Supportive and friendly environment.
- Attend as a family, on your own or with other people who care for the young person (young people must be accompanied)
- All families from Sutton are welcome, whether or not you are on a waiting list
- No diagnosis needed
- Attending will not change your position on any waiting list

The Sutton ND Needs One Stop Shop will be held at:

Sutton Carers Centre
Sutton Gate, 1st floor
1 Carshalton Road Sutton, SM1 4LE



For more information contact
needsbasedneuro@swlstg.nhs.uk

Opening hours are 12:30pm – 3:30pm on the following dates:

- 27 July 2026
- 10 Aug 2026
- 24 Aug 2026
- 7 Sept 2026
- 21 Sept 2026
- 5 Oct 2026
- 19 Oct 2026
- 2 Nov 2026
- 16 Nov 2026